

## Programme ideas: Volunteering section

When completing each section of your DofE, you should develop a programme which is specific and relevant to you. This sheet gives you a list of programme ideas that you could do or you could use it as a starting point to create a Volunteering section programme of your own.

You can find more information at **DofE.org/** volunteering and there is a range of exciting opportunities to help you complete this section at **DofE.org/finder**.

## It's your choice...

Volunteering gives you the chance to make a difference

to people's lives and use your skills and experience to help your local community. You can use this opportunity to become involved in a project or with an organisation that you care about.

## Help with planning

You can use the programme planner on the website to work with your Leader to plan and agree your activity before you start.

Before you begin, it is important to check that your volunteering meets the criteria for businesses and family members (see **DofE.org/volunteering** for the requirements).

Helping people  Helping children	Working with the environment or animals	Coaching, teaching and leadership
<ul> <li>☐ Helping children to read in libraries</li> <li>☐ Helping in medical services e.g. Hospitals</li> <li>☐ Helping older people</li> <li>☐ Helping people in need</li> <li>☐ Helping people with special needs</li> <li>☐ Tutoring</li> <li>☐ Young carer</li> <li>☐ Youth work</li> </ul>	Animal welfare Environment Rural conservation Preserving waterways Working at an animal rescue centre Litter picking Urban conservation Beach and coastline conservation Zoo/farm/nature reserve work	<ul> <li>□ Dance leadership</li> <li>□ DofE Leadership</li> <li>□ Group leadership</li> <li>□ Head student</li> <li>□ Leading a voluntary organisation group</li> <li>- Girls' Venture Corps</li> <li>- Sea Cadets</li> <li>- Air Cadets</li> <li>- Jewish Lads' and Girls'Brigade</li> <li>- St John Ambulance</li> <li>- Scout Association</li> <li>- Air Training Corps</li> <li>- Army Cadet Force</li> <li>- Boys' Brigade</li> <li>- CCF</li> <li>- Church Lads' &amp; Girls' Brigade</li> <li>- Girlguiding UK</li> <li>- Girls' Brigade</li> <li>□ Sports leadership</li> <li>□ Music tuition</li> </ul>
Community action & raising awareness  Campaigning Cyber safety Council representation Drug & alcohol education Home accident prevention Neighbourhood watch Peer education Personal safety Promotion & PR Road safety	Helping a charity or community organisation  Administration Being a charity intern Being a volunteer lifeguard Event management Fundraising Mountain rescue Religious education Serving a faith community Supporting a charity Working in a charity	

☐ Working in a charity shop