



Volunteer Cadet Corps

Portsmouth Division
Royal Marines Cadets
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RMVCC(P)/16/Trg/Ex

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See Distribution

EXERCISE ROUGH DIAMOND (28 TO 30 OCT 2016) – WARNING ORDER

Introduction

1. Ex ROUGH DIAMOND will take place over the weekend of Fri 28 to Sun 30 Oct 2016. The ex is open to all GD cdt's; those cdt's from R Coy 161 who missed Ex First Steps should attend this ex as well. Band cdt's are also invited to attend. This is an important ex for GD cdt's and attendance is strongly advised to help those cdt's with passing their assessments next year.

Ground

2. The ex will be conducted on Longmoor District Dry Training Areas, Hankley Common.

Mission

3. Cdt's to learn and develop their personal fieldcraft skills in a non-tactical manner in a safe and controlled field environment.

Execution

4. **Program.** A program of trg and support elements will be provided by ECO in due course. The outline timings for this ex are as follows:

Ser (a)	Date (b)	Time (c)	Activity (d)	Location (e)	Transport (f)	Comments (g)
1	Tue 25 Oct 16	1830	Ex prep inc kit packing and briefing	Drill Shed	n/a	Cdt's to bring in all the kit they are taking; dismissal at normal time of 2030
2	Fri 28 Oct 16	1800	Adv Party muster	Boat Store		QM staff only
3		1830	Main Party muster	Drill Shed		
4		1830	Adv Party depart	Boat Store	1 x van	
5		1930	Main Party depart	Drill Shed	4 x minibus 1 x van/combi	
6	Sun 30 Oct 16	1200	Main Party arrive	Drill Shed		No lunch
7		1400	Main Party dismissed	Drill Shed	n/a	All pers remain until this time

5. **Preparation.** All cdt's attending this ex will need to bring in all the kit they wish to take on Tue 25 Oct 16. All kit will be checked and packed that night so that an earlier departure can be achieved on Fri 28 Oct 16. A briefing to all pers will also be given at 2000 on Tue 25 Oct 16.

6. **Dismissal.** Parents/guardians are to ensure that they are at HMS EXCELLENT at 1400 to collect their cdt's after the ex (unless they are to make their own way home). If there is likely to be a delay or other significant time change notification will be made via Facebook.

Service Support

7. **Dress.** Dress for all pers is Dress 4 (MTP). Wet weather clothing and warm clothing will be required (see Enc 1). CEFO is to be worn by all cdt's and also by staff when engaged in lessons and trg serials.
8. **Personal Equipment.** A complete list of personal kit required is attached at Enclosure 1.
9. **Stores.** ECO will liaise with the QM regarding the drawing and returning of required G10 stores. ORPs and fresh rations will be required. Normal field stores and trg equipment is required.
10. **Feeding.** QM is to make available 40 x ORP with cookers and hexamine. Fresh rations will be required for breakfast on Sat morning. Lunch will not be provided on Sun afternoon.
11. **Weapons.** QM is to make available 29 x L98 A2 Cadet GP Rifles complete with necessary ancillaries. The QM is requested to make available all serviceable M16 Rifles and ancillaries.
12. **Ammunition.** QM is to arrange for the collection of 500 rds of 5.56mm blank ammunition for this ex. Pyrotechnics are not required for this ex.
13. **Transport.** QM is to book transport iaw para 4 above.

Command and Signals

14. ECO is Capt C R Spratt RMC. The QM is OC of the stone tent, wpns, ammo, MT and surrounding complex. Other staff wishing to attend are to inform the ECO as soon as possible.

Conclusion

15. **Forms.** A standard medical and consent form is to be completed for each cdt attending and returned to the Admin Office **as soon as possible** but **no later than 1830 on Fri 14 Oct 16**. No cdt will be permitted to attend without completing and returning this form. Parents/guardians must ensure they include medical details including any dietary requirements and/or allergies.
16. **Questions.** Questions regarding this ex are to be directed to the Trg Offr.



C Spratt
Capt RMC
2IC Offr

Enclosures:

1. Weekend Exercise Standard Personal Kit List
2. Parental Consent Form

Distribution:

Action:

All trg staff
All cdt's

Info:

CO
2IC
AO

WEEKEND EXERCISE STANDARD PERSONAL KIT LIST

1. The following kit **must** be brought on the ex by every cdt:

a. **Spare Clothing** (in addition to uniform being worn):

✓	Item	Qty	Notes
	Cold weather top	1	Woolly pully, fleece or warm jacket (black or dark green)
	Shirt MTP	1	As worn with trg rig
	T-shirt	1	Dark green or brown
	Trousers MTP	1	As worn with trg rig
	Underwear	2 sets	Minimum amount
	Socks	3 pairs	Green or black; proper outdoor socks, not nylon
	Waterproof jacket #	1	MTP, DPM or dark green
	Waterproof trousers #	1	MTP, DPM or dark green
	Trainers (old)	1 pair	For use if boots get wet

b. **Miscellaneous Items:**

✓	Item	Qty	Notes
	First aid kit #	1	Pocket size
	Small torch	1	Include spare batteries and bulb
	Whistle #	1	Attached to top pocket of jacket by lanyard
	Tent pegs	6	Metal, no longer than 10cm
	Bungees	4	Green, no longer than 2m (no bright colours)
	KFS	1 set	Knife, fork, spoon (clip together set ideal)
	Bush hat	1	DPM, tactical headdress
	Woolly hat #	1	Green or black
	Gloves #	1 pair	Leather or woollen, green or black
	Notebook	1	Elastic band around notebook
	Pencil (short)	2	Sharpened at both ends (do not bring pens)
	Black dustbin liners	4	Waterproof lining for Bergen
	Sealable plastic bags	10	Waterproofing individual items of kit
	Medication #	as reqd	To be highlighted on medical form
	Boot cleaning kit	1	Pocket size, polish and one brush
	Washing kit #	1	Soap, flannel, toothbrush and toothpaste etc
	Towel #	1	Small, not a bath towel
	Sports bag/rucksack	1	Carrying personal kit to and from the ex

2. Items of kit marked # are required for health and safety reasons and are mandatory. If these are items are not brought along the cadet will not be permitted to attend the ex.

3. All spare clothing and miscellaneous kit which requires waterproofing is to be packed in sealable plastic bags prior to arriving at the unit.

4. All cdt's should 'tick off' each item as it is packed prior to leaving home and bringing kit in.

5. Most items listed are available from good camping, outdoor or surplus stores.

6. Spare clothing will not be available on the ex; cdt's should pack sufficient spare items.

7. Any cdt unsure as to what any item of kit is should seek advice from staff or cdt SNCO.

PARENTAL CONSENT

Use this form to provide parental consent for a cadet to attend a designated activity. Please include all relevant medical information. Use BLOCK capitals or type.

Cadet's Surname		Cadet's Date of Birth	
Cadet's Forename		Cadet's VCC Number	
Cadet's Company or Division		Cadet's Phase <i>If applicable</i>	
Activity Date		Activity Name	
Emergency Contact Name		Emergency Contact Telephone Number	
Medical Information <i>include any current medical treatment or condition, any medication that will be taken during the activity and any dietary requirements</i> <i>continue on reverse</i>			

I hereby confirm that:

- I give full consent for the above named cadet to attend the above stated activity and be placed in the care of the officer or cadet force adult volunteer leading the activity.
- The emergency contact, as per the information I have provided, will be available for the whole duration.
- The information I have provided previously to the VCC remains accurate to the best of my knowledge or I have provided updated information with this consent that should now be used instead.
- I will provide updated details should any changes occur between submitting this form and the start of the activity.
- I fully understand that some activities with the VCC are strenuous and may be undertaken in cold and/or a wet environment. I confirm that I have been advised that if I am unsure about my child's fitness to take part in any VCC activity I should consult their doctor (or other appropriate medical practitioner) before such an activity.
- To the best of my knowledge my child is in normal health and does not suffer from any illness or disability that would prevent them from taking part in VCC activities.
- In the event of an illness or accident requiring medical or hospital treatment, and any delay in obtaining my consent is considered inadvisable by the medical authorities, I authorise an appropriate and responsible VCC cadet force adult volunteer to sign any written form of consent required by the medical authorities on my behalf.
- If the medical authorities wish to contact my child's doctor or other regular practitioner I hereby give permission.
- I will make arrangements for my child to be collected or make their own way home promptly after the activity.

Parent or Guardian Signature		Date	
Parent or Guardian Name		Relationship to Cadet	

PARENTAL CONSENT

Please provide additional information as required below: